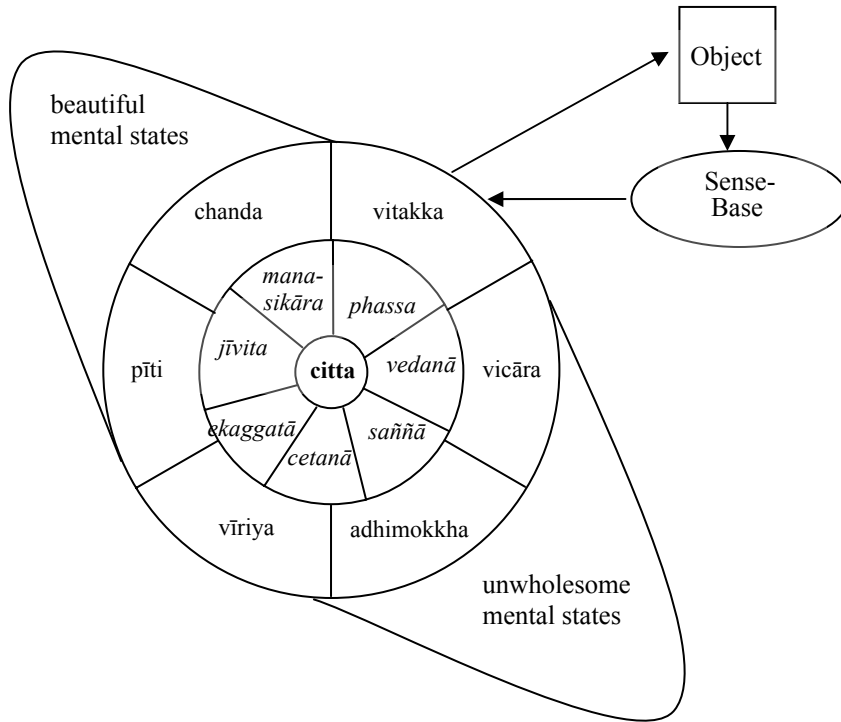


Survey of the 52 mental factors (*cetasikas*)

A mental unit or “mental molecule”:

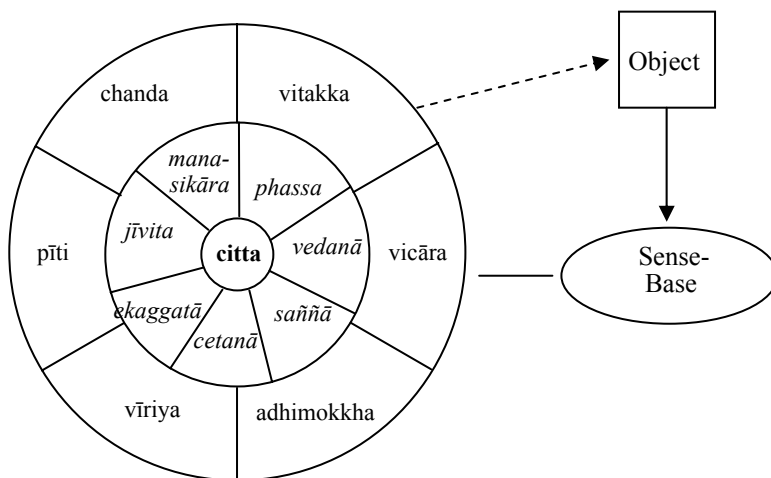


- 52 mental factors:**
- 7 universal
 - 6 particular
 - 14 unwholesome
 - 25 beautiful

Consciousness (*citta*) and its mental factors (*cetasikas*) arise due to the meeting of object and sense-base.

Beautiful and unwholesome mental factors exclude each other.

Mental factors which are karmical variable (*aññasamāna*):



Inner circle: 7 universal mental factors } karmical variable,
 Outer circle: 6 particular mental factors } neutral in themselves
 (13) *aññasamāna*

(7) Universal mental factors common to all (*sabbacittasādhāraṇa*)

1. <i>Phassa</i>	Contact	
2. <i>Vedanā</i>	Feeling, sensation	5J
3. <i>Saññā</i>	Perception, noting and knowing by marks, memory	
4. <i>Cetanā</i>	Motivation, intention, stimulation	
5. <i>Ekaggatā</i>	One-pointedness, concentration	5J, 7E, 5F, 8P
6. <i>Jīvitindriya</i>	Life-faculty, mental life, vitality	
7. <i>Manasikāra</i>	Attention (towards the object)	

(6) Occasional or particular mental factors (*pakiṇṇaka*)

1. <i>Vitakka</i>	Initial thought, initial application	5J, 8P
2. <i>Vicāra</i>	sustained thought, sustained application	5J
3. <i>Adhimokkha</i>	Decision, determination, resolution	
4. <i>Vīriya</i>	Effort, energy	7E, 5F, 8P
5. <i>Pīti</i>	Joy, rapture, zest, interest, enthusiasm	7E, 5J
6. <i>Chanda</i>	Wish-to-do, desire, willingness	

(14) Unwholesome mental factors (*akusala*)**(4) Universal unwholesome mental factors (*akusalasādhāraṇa*)**

1. <i>Moha</i>	Delusion, ignorance, not-knowing	6R
2. <i>Ahiraika</i>	Shamelessness	
3. <i>Anottappa</i>	Moral fearlessness, unscrupulousness, thoughtlessness	
4. <i>Uddhacca</i>	Restlessness, excitement	5H

(3) Mental factors of the greed-group (*lobha*)

1. <i>Lobha</i>	Greed, craving, attachment	6R, 5H
2. <i>Diṭṭhi</i>	Wrong view, wrong understanding	
3. <i>Māna</i>	Conceit, pride, arrogance	

(4) Mental factors of the hatred-group (*dosa*)

1. <i>Dosa</i>	Aversion, hatred, anger, dislike; fear	6R, 5H
2. <i>Issā</i>	Envy, jealousy	
3. <i>Macchariya</i>	Stinginess, unwillingness to share	
4. <i>Kukkucca</i>	Worry, pangs of conscience, remorse	5H

(3) Other unwholesome mental factors

1. <i>Thīna</i>	Sloth, laziness, tiredness, rigidity	5H
2. <i>Middha</i>	Torpor, sleepiness, tiredness	5H
3. <i>Vicikicchā</i>	Doubt, sceptical doubt	5H

(25) Beautiful mental factors (*sobhana*)**(19) Universal beautiful mental factors (*sobhanasādhāraṇa*)**

1. <i>Saddhā</i>	confidence, faith	5F
2. <i>Sati</i>	Mindfulness, awareness, clear presence	5F, 7E, 8P
3. <i>Hiri</i>	Moral shame	Guardian of the world
4. <i>Ottappa</i>	Moral fear, thoughtfulness, scrupulousness	Guardian of the world
5. <i>Alobha</i>	Non-attachment, generosity (<i>dāna</i>)	6R
6. <i>Adosa</i>	Non-hatred; loving kindness (<i>mettā</i>)	6R, 4I
7. <i>Tatramajjhataṭṭā</i>	Equanimity (<i>upekkhā</i>), mental balance	7E, 4I
8. <i>Kāyapassaddhi</i>	Tranquillity (of mental factors)	
9. <i>Cittapassaddhi</i>	Tranquillity (of consciousness)	7E
10. <i>Kāyalahutā</i>	Lightness, agility (of mental factors)	
11. <i>Cittalahutā</i>	Lightness, agility (of consciousness)	
12. <i>Kāyamudutā</i>	Pliancy, malleability, softness (of mental factors)	
13. <i>Cittamudutā</i>	Pliancy, malleability, softness (of consciousness)	
14. <i>Kāyakammaññatā</i>	Adaptability, wieldiness (of mental factors)	
15. <i>Cittakammaññatā</i>	Adaptability, wieldiness (of consciousness)	
16. <i>Kāyapāguññatā</i>	Proficiency, skilfulness, healthiness (of mental factors)	
17. <i>Cittapāguññatā</i>	Proficiency, skilfulness, healthiness (of consciousness)	
18. <i>Kāyujjukatā</i>	Rectitude, honesty, straightness (of mental factors)	
19. <i>Cittujjukatā</i>	Rectitude, honesty, straightness (of consciousness)	

(3) Abstinenes (*virati*)

1. <i>Sammā vācā</i>	Right speech, abstinence from wrong speech	8P
2. <i>Sammā kammanta</i>	Right action, abstinence from wrong action	8P
3. <i>Sammā ājīva</i>	Right livelihood, abstinence from wrong livelihood	8P

(2) Illimitables (*appamaññā*)

1. <i>Karuṇā</i>	Compassion	4I
2. <i>Muditā</i>	Sympathetic joy	4I

(1) Wisdom (*paññā*), non-delusion (*amoha*)

1. <i>Paññindriya</i>	Non-delusion, wisdom (faculty), knowledge (Investigating of the Dhamma (<i>dhamma-vicaya</i>); Right view/right understanding (<i>sammā diṭṭhi</i>))	6R, 5F, 7E, 8P
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7E	Seven factors of enlightenment (<i>bojjhaṅga</i>)
5F	Five spiritual faculties (<i>indriya</i>)
5J	Five jhāna-factors (<i>jhānaṅga</i>) - including happy feeling (<i>sukha</i>)
8P	Eight path-factors (<i>maggaṅga</i>)
4I	Four divine abodes (<i>brahmavihāra</i>) or Illimitables (<i>appamaññā</i>)
5H	Five hindrances (<i>nīvaraṇa</i>) (<i>uddhacca</i> + <i>kukkucca</i> as well as <i>thīna</i> + <i>middha</i> count as 1 hindrance)
6R	Root (<i>mūla</i> or <i>hetu</i>): three unwholesome roots + three wholesome roots