

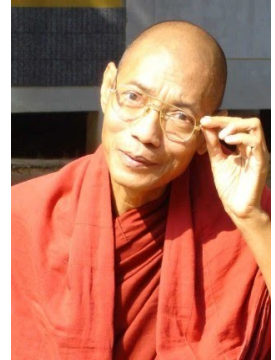
# Citta Yamaka Course

## (in English)

This auspicious Citta Yamaka Course is a 10 days lecture will be conducted by Ashin Nandamāla in Penang. During these 10 days lecture, participants are encourage to stay in the monastery, 2 hours lecture will be delivered by Ashin Nandamāla in the morning and afternoon. The group study session will be carrying out in the evening and during night time, participants are encourage to do meditation.

Ashin Nandamāla is one of the founders of the Buddhist Teaching Centre, Mahā Subodhayon, in Sagaing, where about two hundred monks receive education in Buddhist philosophy and Buddhist literature.

Ashin Nandamāla serves as a religious worker to promote and propagate the Buddha's teaching, both in Myanmar and abroad. Since 2003 he yearly gives Abhidhamma-courses in Europe, Singapore and Malaysia.



He is Rector of the Sītagū International Buddhist Academy (SIBA) in Sagaing and, after being a Visiting Professor at the International Theravāda Buddhist Missionary University (ITBMU) in Yangon since its opening in 1998, in 2005 he was appointed the Rector also of this University.

In 2003 he founded "Dhammavijjālaya - Centre for Buddhist Studies (CBS)" in Sagaing, connected to Mahāsubodhayon monastery.

**Course Description:** Citta Yamaka is the 8<sup>th</sup> Chapter of the Yamaka. There are a total of 10 chapters in Yamaka. And, Yamaka is the 6<sup>th</sup> book of Abhidhamma Piṭaka, which consists of 7 books.

**Duration:** 3<sup>rd</sup> May 2010 (Monday) - 12<sup>th</sup> May 2010 (Wednesday)  
Full day course

**Course fee:** **FREE** (donations are welcome)

**Registration:** Please register for Citta Yamaka Course before 15<sup>th</sup> April 2010 (Thursday).  
Kindly download enrolment form at <http://cittayamaka.blogspot.com/>

**Course Organised by:**



**Persatuan Santarama Buddhist Hermitage Balik Pulau**

No. 138 Mukim 5 Balik Pulau (Rumah Bukit)

11000 Pulau Pinang, Malaysia.

([Link to Google Maps](#))